CLAIMS:

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1. A cast steel strip prepared by a process comprising the steps of: supporting a casting pool of molten low carbon steel on a pair of chilled casting rolls forming a nip between them and continuously casting solidified strip of no more than 5 mm in thickness and including austenite grains by rotating the rolls in mutually opposite directions such that the solidified strip moves downwardly from the nip;

passing the strip through a rolling mill in which it is hot rolled to produce a reduction in the strip thickness of at least 15%, and

cooling the strip to transform the austenite to ferrite within a temperature range between 850°C and 400°C and at a cooling rate of more than about 100°C/sec.

- 2. The cast steel strip of claim 1, wherein the low carbon steel is a silicon/manganese killed steel, and the strip is hot rolled in the temperature range of 900°C to 1100°C and then is cooled at a cooling rate in the range of 100°C/sec to 300°C/sec to produce a final strip having a yield strength of at least 450 MPa.
- 3. The cast steel strip of claim 1, wherein the low carbon steel is a silicon/manganese killed steel, and the strip is cooled at a cooling rate in the range of 100°C/sec to 300°C/sec to produce a strip with a final yield strength of at least 450 MPa.
- 4. The cast steel strip of claim 3, wherein the final yield strength is between 450 MPa and 700 MPa.
- 5. The steel strip of claim 1, wherein the cooling rate is in the range of 100°C/sec to 300°C/sec and the strip has a yield strength of at least 450 MPa.
- 6. The cast steel strip of claim 5, wherein the yield strength is between 450 MPa and 700 MPa.
- 7. The cast steel strip of claim 1, wherein the low carbon steel is a silicon/manganese killed steel having the following composition by weight:

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Carbon	0.02 - 0.08%
Manganese	0.30 - 0.80%
Silicon	0.10 - 0.40%
Sulfur	0.002 - 0.05%
Aluminum	less than 0.01%

8. The cast steel strip of claim 1, wherein the low carbon steel is aluminum killed steel.

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9. The cast steel strip of claim 1, wherein the aluminum killed steel has the following composition by weight:

Carbon	0.02 - 0.08%
Manganese	0.40% max
Silicon	0.05% max
Sulfur	0.002 - 0.05%
Aluminum	0.05% max

- 10. The cast steel strip of claim 1, wherein the cooling rate is in the range of 100°C/sec to 300°C/sec.
 - 11. The cast steel strip of claim 1, wherein the finished cast steel strip has a yield strength of greater than 450 MPa.
 - 12. The cast steel strip of claim 2, wherein the final cast steel strip has a yield strength in the range of 450 MPa to 700 MPa.
- 15 13. The cast steel strip of claim 12, wherein the cast steel has the following composition by weight:

	Carbon	0.02 - 0.08%
	Manganese	0.30-0.80%
20	Silicon	0.10-0.40%
	Sulfur	0.002 - 0.05%
	Aluminum	less than 0.01%

14. A cast steel strip prepared by a process comprising the steps of:
supporting a casting pool of molten low carbon steel on a pair of
chilled casting rolls forming a nip between them and continuously casting
solidified strip of no more than 5 mm in thickness and including austenite grains
by rotating the rolls in mutually opposite directions such that the solidified strip
moves downwardly from the nip;

passing the strip through a rolling mill in which the strip is hot
rolled to produce a reduction in the strip thickness of at least 15%; and
continuously cooling the strip to transform the austenite to ferrite
within a temperature range between 400°C and 850°C at a cooling rate of not
less than 90°C/sec without inhibiting the cooling rate.

- 15. The cast steel strip of claim 14, wherein said cooling rate is in the range 100°C/sec to 300°C/sec.
 - 16. The cast steel strip of claim 14, wherein the low carbon steel is a silicon/manganese killed steel having the following composition by weight:

 Carbon
 0.02 - 0.08%

 Manganese
 0.30 - 0.80%

 Silicon
 0.10 - 0.40%

 Sulfur
 0.002 - 0.05%

 Aluminum
 less than 0.01%

5 Aluminu

less than 0.01%

- 17. The cast steel strip of claim 14, wherein the low carbon steel is aluminum killed steel.
- 18. The cast steel strip of claim 17, wherein the aluminum killed steel has the following composition by weight:

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 Carbon
 0.02 - 0.08%

 Manganese
 0.40% max

 Silicon
 0.05% max

 Sulfur
 0.002 - 0.05%

 Aluminum
 0.05% max

- 19. The cast steel strip of claim 14, wherein the finished strip has a yield strength of greater than 450 MPa.
 - 20. The cast steel strip of claim 14, wherein said cooling rate is in the range 100°C/sec to 300°C/sec and the strip has a yield strength of at least 450 MPa.
- 21. The cast steel strip of claim 20, wherein the strip has a yield strength in the range of 450 MPa to 700 MPa.
 - 22. The cast steel strip of claim 14, wherein the low carbon steel is a silicon/manganese killed steel, and the strip is cooled at a cooling rate in the range of 100°C/sec to 300°C/sec to produce a strip having a yield strength of at least 450 MPa.
 - 23. The cast steel strip of claim 22, wherein the final strip has a yield strength in the range of 450 MPa to 700 MPa.
 - 24. The cast steel strip of claim 14, wherein the low carbon steel is a silicon/manganese killed steel, and the strip is hot rolled in the temperature range of 900°C to 1100°C and then is cooled at a cooling rate in the range of 100°C/sec to 300°C/sec to produce a final strip having a yield strength of at least 450 MPa.
 - 25. The cast steel strip of claim 24, wherein the final strip has a yield strength in the range of 450 MPa to 700 MPa.
- The cast steel strip of claim 24, wherein the steel has the following composition by weight:

Carbon

0.02 - 0.08%

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 Manganese
 0.30 - 0.80%

 Silicon
 0.10 - 0.40%

 Sulfur
 0.002 - 0.05%

 Aluminum
 less than 0.01%.

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